

# Association of XmnI Polymorphism with Fetal Hemoglobin Level in Sudanese Patients with Sickle Cell Disease

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## Abstract

**Background:** Sickle cell disease (SCD) is an inherited blood disorder that affects red blood cells. The study of various modulating factors, and genetic factors affecting the clinical severity of the SCD is an interesting research focus especially in communities with a distinct genetic background. The XmnI polymorphism is a common genetic variation that was reported in previous studies to increase fetal hemoglobin (HbF) level. This was a descriptive cross-sectional study, conducted in El-Obeid city in Northern Kordofan state, western Sudan, during the period from August to November 2016. The XmnI polymorphic site was determined by polymerase chain reaction. Data was analyzed using SPSS software program version 20. P-value of 0.05 and below was considered of significance. In present study HbF level among normal individuals AA, shown significant difference ( $p < 0.05$ ) between presence of XmnI  $+/+$  and absence of XmnI  $-/-$  site. In patients with SS, the HbF level was higher in those who had one or two XmnI sites as compared to those with the site absent. In patients with sickle cell trait AS and AA, only the presence of the one and two XmnI site ( $+/+$ ) compared to the absence of the site ( $-/-$ ) was associated with significant increase in the HbF level. There is a close link between the XmnI polymorphism site and HbF level. A wide range of HbF level was obtained both in the presence and absence of this site. Further studies with a large sample size as well as analysis of BS haplotypes among the patient with sickle cell anemia population are needed for better understanding of possible association.

**Keywords:** XmnI Polymorphism, SCD, Sickle cell disease, Fetal hemoglobin, HbF

## Introduction

Sickle cell disease (SCD) is an inherited autosomal recessive disorder with presence of Hb S in blood. This disease affects millions of people globally which results in serious complications due to vasoocclusive phenomenon and hemolysis. Sickle hemoglobin (Hb S) is a structural variant of normal adult hemoglobin (Hb A) caused by a mutation in the HBB gene that leads to the substitution of valine for glutamic acid at position 6 of the  $\beta$ -globin's subunit ( $\beta$ S) of the hemoglobin molecule<sup>1</sup>. The pathological process in sickle cell disease is caused by the sickling phenomenon<sup>2</sup>. The basis of sickling in patients homozygous for the disorder,

called sickle cell anemia or Hb SS, is polymerization of deoxy-Hb S resulting in the formation of multistranded fibers that create a gel and change the shape of RBCs from biconcave discs to elongated crescents. The polymerization/sickling reaction is reversible following reoxygenation of the hemoglobin. Thus, an RBC can undergo repeated cycles of sickling and unsickling<sup>3</sup>. The C-T substitution at position – 158 of the Y<sup>G</sup> globin gene referred to as the XmnI-y polymorphism is reported to be a common sequence variant in all population groups, present at a frequency of 0.32 to 0.35. <sup>4</sup>Clinical studies have shown that under conditions of hematopoietic stress, for example in homozygous  $\beta$ -thalassemia and sickle cell

disease the presence of the XmnI – Y<sup>G</sup> site favors a higher Hb F response. This could explain why the same mutations on different B chromosomal backgrounds are associated with disease of different clinical severity<sup>5</sup>. The y<sup>G</sup> – 158(C – T) polymorphism plays an important function in the disease severity of Sickle cell anemia. The XmnI restriction site at – 158 position of the y<sup>G</sup> – gene is associated with increased expression of the y<sup>G</sup> – globin gene and higher production of HbF<sup>6</sup>. In Sudan several studies were conducted among patients with sickle cell disease<sup>7,8,9</sup>, but there are no studies to assess association between XmnI polymorphism and HbF level in sickle cell disease patients. The prevalence in different areas in Sudan. The aim of the present study is to assess the association of XmnI polymorphism with fetal hemoglobin level in Sudanese patients with sickle cell disease.

## Material and Methods

This was a descriptive cross-sectional study, conducted in El-Obeid city in Northern Kordofan state, western Sudan, during the period from August to November 2016. Known patients with sickle cell anemia attending El-Obeid children specialized hospital and Elkowity Hospital. Permission was taken from the committee of Kordofan university, El-Obeid Teaching Hospital and Elkowity Hospital, also consent was taken from patients and co-patients in Hospital. 100 patients were selected using simple random technique. 2.5 ml of venous blood was collected from each participant under complete antiseptic condition. Hemoglobin F was measured by modified Betke Method. The XmnI

polymorphic site was determined by polymerase chain reaction. Data was analyzed using SPSS software program version 20. P-value of 0.05 and below was considered of significance. The sickle cell mutation was confirmed by amplifying the 5' region of the B. Globin genes followed by restriction digestion with DdeI. A 650-bp fragment 5' to the YG sense was amplified using the Primer 5' AACTGTTCTTTATAGGATTTT-3 and 5' AGGAGCTTATTGATAACCTCAGAC-3. The amplification conditions were initial denaturation 94°C for 5 min followed by 30 cycles of 94°C for 1 min and 55°C for 1 min 72°C / min. with a final extension of 5 min at 72°C. The PCR product was digested with three units of XmnI restriction enzyme and separated by electrophoresis on 3% agarose gel.

## Result

Significantly different comparing XmnI +/+ with XmnI +/- (p<0.05) or comparing XmnI +/+ with -/- (p<0.05) in sickle cell patients (SS), the HbF level was significantly higher in those who had two XmnI sites (p<0.05) compared to those with only one XmnI site and with absent site (p<0.05) in patients with SS who had one XmnI site and XmnI -/- site there is no difference in HbF level (Table I). In AS patient's presence of two XmnI +/+ site compared with one XmnI site (p<0.05) and one XmnI site compared with XmnI -/- site (p<0.05) had significant higher level of HbF (Table II). Significantly different comparing XmnI +/- with XmnI -/- (p<0.05) or comparing XmnI +/+ with +/- (p<0.05) in normal control (AA), (Table III).

**Table 1: The HbF percentage and XmnI in SS group.**

XmnI	SS(n=60)	HbF(mean ± SD)	P.value
+/+	16(27%)	81.97 ± 3.30	p<0.05
+/-	20(33%)	21.84 ± 13.83	p<0.05
-/-	24(40%)	20.28 ± 10.86	p<0.05

**Table II: The association between HbF percentage and XmnI in AS group.**

XmnI	AS(n=30)	HbF(mean $\pm$ SD)	P.value
+/+	4(13%)	17.45 $\pm$ 0.58	p<0.05
+/-	10(34%)	0.8 $\pm$ 0.57	p<0.05
-/-	16(53%)	0.04 $\pm$ 0.11	p<0.05

**Table III: The association between HbF percentage and XmnI in AA group.**

XmnI	AA(n=10)	HbF(mean $\pm$ SD)	P.value
+/+	2(20%)	0.95 $\pm$ 0.63	p<0.05
+/-	5(50%)	0.37 $\pm$ 0.22	p<0.05
-/-	3(30%)	0.02 $\pm$ 0.08	p<0.05

## Discussion

The XmnI polymorphism is a common genetic variation that was reported in previous studies to increase HbF level and therefore ameliorate the severity of the sickle cell disease. Our study shows that a polymorphism of the XmnI was found to be associated with higher expression of HbF in sickle cell and sickle cell trait patients. Several studies confirmed the association between XmnI and fetal hemoglobin<sup>10,11</sup>. A positive association was observed between the HbF level and the presence of XmnI site in SS and sickle thalassemia groups. Recently, other genetic association studies shown that several single nucleotide polymorphisms, associated with variation in the expression of HbF in sickle cell disease<sup>12</sup>. The XmnI polymorphism is known to influence the  $\gamma^G$  gene expression in sickle cell anemia and to increased HbF concentrations when they are under conditions of erythropoietic stress<sup>13</sup>. Study conducted by FarizKahhaleh et.al to assist the Association of XmnI polymorphism and consanguineous marriage with fetal hemoglobin in Syrian patients with sickle cell disease they concluded that a strong evidence on the importance of XmnI polymorphism and consanguineous marriage, among other factors, in the prediction of clinical severity and hydroxyurea response in SCD patients<sup>14</sup>. In sickle cell disease and sickle cell trait patients of Elobied, the

presence of this polymorphism is associated with high HbF level. This is the first report of the frequency of the -158 XmnI  $\gamma^G$ -globin polymorphism in patients with SS and AS in Elobied.

## Conclusion

There is a close link between the XmnI polymorphism site and HbF level. A wide range of HbF level was obtained both in the presence and absence of this site. Further studies with a large sample size as well as analysis BS haplotypes among the patient with sickle cell anemia population are needed for better understanding of possible association.

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**Conflict of Interest:** All authors have none to declare

**Ethical Clearance:** Taken

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