

Assessment of Depression among the Housewives of Alcohol Consuming Husbands in Selected Community Areas, Kancheepuram District, Tamilnadu

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Abstract

Assessment of depression among the housewives of alcohol consuming husbands in selected community areas, Kancheepuram District, Tamil Nadu. Aim of the study is to Assessment of depression among house wives. The objectives are to determine the level of depression among house wives of alcohol consuming husband, to find out the association between the level of depression with their selected demographic variables of the house wives of alcohol consuming husband. 169 samples are selected by purposive sampling techniques. Data collected by using Beck's Depression scale.

The data collected period was for one week. The collected data was tabulated and analyzed. Descriptive and inferential statistical were used. The results are majority 53% of house wives having depression and Minority 47% of house wives did not having depression.

Assessment of demographic variables regard to Factors associated with the level of depression among the demographic variables, Family type, family monthly income, Frequency of consuming alcohol, Variables like Age, Educational status of wife, Educational status of husband, Employment status of husband, Problem after alcohol consumption, Physically abuse after consumption of those Demographic variables doesn't has significant association.

Keywords: *Assessment, Depression, Alcohol, Wife and Level.*

Introduction

Alcoholism, now known as alcohol use disorder, is a condition in which a person has a desire or physical need to consume alcohol, even though it has a negative impact on their life. Alcohol misuse also contribute to poor performance at school, and work, Family problems, unprotected sex, violence and depression. There are a considerable number of anecdotal reports This women faced social, emotional, physical, mental health, also violence and anxiety. The alcoholic addiction of the husband can create significant mental trauma and physical health problems to the and research findings that women's were getting married to alcoholics husbands. wife.⁽⁹⁾

According to the **NATIONAL INSTITUTE OF ALCOHOL ABUSE AND ALCOHOLISM**, It state the problems for spouse - Marital conflict, Infidelity,

Domestic violence, Unplanned pregnancy, Financial instability, Stress, Jealousy and Divorce. These wives suffer from various stressors due to their husband's alcohol dependence.⁽⁸⁾

According to **TIMES OF INDIA 2017** Tamilnadu is one of the high alcohol consuming state 47.4% men in rural areas and 46% men in urban areas. In **INDIA** 30% population consumes alcohol. In global states report to the **Worldwide** 6.2 litres of alcohol is consumed per person in the age of 15,15+ and older. The most negatively affected spouse and children of alcoholic. However less attention has been focused on them so far. (7).

The wives of the alcoholics are an 'Unknown Universe' in Indian Society. Clinical work and some research suggest that partner responses to drinking may either facilitate or hinder treatment acceptance and

recovery efforts. Hence the reason for taking up this study is justify.⁽⁶⁾

Objectives

- Determine the level of depression among house wives of alcohol consuming husband.
- To find out the association between the level of depression with their selected demographic variables of the house wives of alcohol consuming husband.

Research Methodology

Research methodology deals with the description of the methods and different steps in collecting and organizing data from the investigation. It includes description of the research approach, research design, setting, population, sample and sample size, the sampling technique, sampling criteria, development and description of the tool, data collection procedure and the plan or analysis in the study.

Sampling Criteria

Inclusion Criteria

- Who are available at the time of data collection.
- Who can read and write tamil

Exclusion Criteria

- Who are not willing to participate in study.
- With existing mental illness.

Scoring Pattern:

SCORING	INTERPRETATION
0-5	NORMAL
ABOVE 5-15	DEPRESSION

Method of Data Collection:

In this present study the researcher distributed the demographic variables proforma and standardized Becks depression scale to the samples. Each sample will take 30 minute to completion of the data. Data collection period was for one week (from 23-4-2019 to 28-04-2019) at community area(poonjeri and payanoor) in that 169 Housewives.

Data Collection Procedure

The written informed consent was obtained from the parent and guardian as well as from the study participants. Permission letter was obtained from the HOD of Mental Health Nursing department, HOD of Community Health Nursing department, Community area, UG Committee and Human Ethical Committee.

Descriptive statistics like frequency distribution, percentage and inferential statistics like chi square was used to analyze the data.

Research tool

There are Two Section (A&B) Section A consist of self-Structured Questionnaires to assess demographic variable & Section B Standardized Beck’s Depression scale (short form) to assess the Depression among housewives of alcohol consuming husbands. It consist of 15 questions

Table: 1 Frequecny and percentage distribution of sample with prevalence of depression among the house wives of alcohol consuming husbands.

Category	Normal	Depression	Results
Age 20 25 26 30 31-35 Above 35 years	3 16 33 27	4 20 40 26	X ² =0.5638 PVALUE=0.904664 NS
Educational status of wives No formal education Primary school Secondary school Degree or above	4 42 21 12	4 50 22 14	X ² =0.1574 PVALUE=0.984148 NS
Educational status of husband No formal education Primary school Secondary school Degree or above	5 39 29 8	4 37 35 12	X ² =1.2384 PVALUE=0.743804 NS
Family type Nuclear Joint Extended family Others	64 15 1 1	53 34 2 1	X ² =9.4556 P VALUE=0.23809 S
Employment status of husband. Employed Unemployed.	74 5	78 12	X ² =2.2813 P VALUE=0.130942 NS
Family monthly income. a.5000 10000Rs b.10000 15000Rs c.15000 20000Rs d. Above 20000Rs	10 27 36 13	3 39 22 19	X ² =10.4054 P VALUE=0.15417 S
How often your husband consume alcohol. a. daily b. alternative day c. weekly d. occasionally	10 21 37 11	28 38 16 8	X ² =21.5949 P VALUE=0.000079 S

Cont.... Table: 1 Frequecny and percentage distribution of sample with prevalence of depression among the house wives of alcohol consuming husbands.

does your husband create the problem after consumption of the alcohol a. yes b. no	20 57	38 51	X ² =4.7075 P VALUE=0.14514 NS
does your Husband physically abuse after consuming the alcohol a. yes b. no	16 63	25 65	X ² = 1.2964 P VALUE=254876 NS

NS-NON SIGNIFICANT , S-SIGNIFICANT, P=<0.05

TABLE 2: Frequency and Percentage Distribution of Assessment of depression among the wives of alcohol consuming husbands.

N-169

ASSESSMENT OF DEPRESSION	FREQUENCY	PERCENTAGE
DEPRESSION	90	53%
NORMAL	79	47%
TOTAL	169	100%

Result

The study finding revealed that,

In previous study Assessment of Depression among the housewives of alcohol consuming husbands Shows that,

- Vishal A Shah, prakashbehere, KK Mishra (2017) conducted a cross section controlled study on Psychiatric Morbidity among Spouses of Men with Alcohol Dependence in Maharashtra. The sample size 50. data were collected electronically on the GMHAT-PC. A computerized clinical assessment tool. The results of the study shows, Anxiety (16%) and depression (36%) were higher in wives of alcohol-dependent men. Stress was higher (6%) in cases as compared with controls (4%). When comparing diagnosis and age-wise distribution, depression was higher in cases (28%) as compared with controls (14%) in age group of 31 to 40.(5)

- Nitasha Sharma, Sunith Sharma, santhiyaghai, deepikakumara, dharmaveersingh et al(2016) conducted a study on living with an alcoholic partner problem faced and coping strategies used by wives of alcoholic client .Descriptive research design was used .sample size was 30.The problems were identified using a non standardized 17 item structured questionnaire while coping in wives of alcoholics was assessed using standardized tool. The result shows that most highly reported were the emotional problem and least reported were the problem of physical violence.(4)
- In this study shows majority of the people 53% of the women having depression and 47% of women did not having depression.

Regard to age: 73(44%) of the wife belong to the age 31-35 years, 53 (30%) above 35 years, 36 (22%) of them 26-30 years, 7 (4%) of them 22-25 years, Regard to educational status of wife: 92(55%) has completed primary education, 43 (25%) has completed higher

education, 26 (15%) are graduates and 8 (5%) are illiterate, Regard to educational status of husband:76 (45%) has completed primary education, 64 (38%) has completed higher education, 20 (12%) are graduates and 9 (5%) are illiterate, Regard to family type:116 (69%) of them is nuclear, 48 (28%) of them f is joint, 3 (2%) is extended and 2 (1%) is others, Regard to employment status of the husband: 152(90%) of them are employed and 17 (10%) are unemployed, Regard to years of consuming alcohol:47 (80%) of the husband consuming for 1-3 years, 55 (33%) of them less than a year, 18 (11%) of them for 3-7 years and 16 (9%) of them above 7 years, Regard to family monthly income: 66 (39%) are Rs. 10,001-15,000, 58 (34%) are Rs.15,001-20,000, 32 (19%) are above Rs. 20,000 and 13 (8%) are Rs.5000-10,000, Regard to frequency of consuming alcohol: 59 (35%) of them consuming alternatively, 53 (32%) drink weekly, 38 (22%) drink daily, 19 (11%) drink occasionally, Regard to problems in home after consumption of alcohol:110(65%)has no problems after consumption of alcohol and 59 (35%) has problem in home after consumption of alcohol, Regard to physical abuse after consumption of alcohol: 128 (76%) of the wives are not abused and 41 (24%) of the wives are abused.

Discussion

It shows,And Factors associated with the level of depression among the demographic variables, Family type, family monthly income ,Frequency of consuming alcohol ,Variables like Age, Educational status of wife, Educational status of husband, Employment status of husband, Problem after alcohol consumption, Physically abuse after consumption of those Demographic variables doesn't has significant association.

Conclusion

This chapter deals with the discussion of major findings of the study . The study findings were presented based on objectives. Discussion of the findings under three main sections viz. Determination of the level of depression, assessment of association of demographic variables with level of depression.

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Conflict of Interest- Nil.

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