

Effects of Duration of Diabetes and Diabetes Therapy (Metformin) on Fbxw7 Levels in Iraqi Type II Diabetic Patients

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Abstract

Background: This study concentrated on evaluation the FBXW7 levels and other markers in T2DM patients related to the duration of metformin monotherapy and duration of T2DM.

Method: The current study includes 60 diabetic patients type II and 30 control subjects. The groups of patients were subdivided in to two groups: (group I) (30) Newly diagnosed T2DM which also subdivided to two groups (> 1 year, and <1 year). Group II(30) T2DM (who were treated with metformin monotherapy) which also subdivided into two group (> 1 year and <1 year). In the present study FBXW7, FetuinA, pentraxin3, Nitric oxide and insulin were determined by the enzyme linked immune sorbent assay (ELISA). Biochemical markers, fasting serum glucose, and lipide profile were determined through spectrophotometere technique in patients and control groups.

Result: The levelsof glucose, HbA1c and IR significantly affected byincrease the duration of disease While each of fbxw7, pentraxin 3, NO, and fetuin A not influenced by increase duration of disease. There was non-significant effect of metformin therapy duration on levels of Fbxw7, fetuinA, pentraxin3 and lipid profile. While IR showed significant decrease when the duration of treatment increase.

Conclusion: Fbxw7, fetuinA, pentraxin3 and NO are not affected by long duration of therapy or by duration of disease while glucose, HbA1c, and IR are affected by increase duration of disease only. Whereas insulin and IR are affected by both; duration of disease and therapy.

Keywords: FBXW7, pentraxin3, nitric oxide, Type II diabetes, metformin, duration.

Introduction

Among the most challenging health problems of the (21st century) is diabetes mellitus [1]. It is a chronic condition characterized by high levels of glucose in blood, resulting in significant damage to multiple organs including the heart, kidney, liver, eyes and vessels [2]. Weak glycemic regulation is known to be correlated substantially with a longer period of diabetes. Diabetes

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is a progressive disease and as glucose levels increase, more medicines are required to regulate it^[3]. Metformin monotherapy is first treatment in diabetes type 2 patients which initiated when non-pharmacological therapy has failed to reach sufficient glycemic regulation^[4]. Data from other studies showed that drug therapy of T2DM becomes more complex in longer duration of disease^[5]. Fbxw7 is one of Fbox proteins and an important part of SCF E3 ligase complex that target proteins for the degradation^{[6][7]}. Fbxw7 protects against hyperglycemia, insulin resistance, and the glucose intolerance. Previous studies in obese patients showed hepatic down regulation of fbxw7^[8]. Fetuin A, named also α -2 Hermans-Schmid glycoprotein AHSG is an acidic glycoprotein with molecular weight 64 KD^[9]. It belongs to protease inhibitor cysteine superfamily^[10]. Fetuin A is associated with high risk of diabetes, especially in people with high plasma glucose^[11,12]. Studies to identify the markers for diabetes 2 and its associated cardiovascular complications are important to control the disease, prevent the onset and progression of lethal complications at early stage^[13]. Pentraxin 3 are an acute phase protein superfamily which induce each of short pentraxin like c reactive protein (CRP) and long pentraxin like pentraxin 3 (PTX3)^[14]. Actually, serum PTX3 level in patients with diabetes has been shown to be positively associated with atherosclerotic markers^[15,16]. Nitric oxide (NO) is one of most common substances in the mammals which is considered as an internal gaseous free radical^[17]. Previous studies suggested an alteration in serum NO levels in T2DM^[18]. Some studies documented raise in NO rates in patients with diabetes while others reported lower in levels^[19,20]. In the present study, we examined the effect of duration of T2DM disease and duration Therapy on fbxw7 and other parameters.

Materials and Method

Serum sample from Ninety subjects were selected to perform this project, average between 37 to 69 years. They were divided into 3 groups as follows: A control group consisted of 30 apparently healthy individuals. Group 1 included 30 newly diagnosed (T2DM) without treatment, and group 2 included 30 patients on metformin monotherapy. Each group of patients' sub divided into two groups, > 1 year and < 1 year. Both groups collected from National Diabetes Center for Treatment and Research at Al Mustansiriyah University/Iraq. Patients with heart disease, liver disease, hypertension, kidney disease and smoker patients were excluded.

Blood samples were taken after overnight fasting. From each patient and control, 10 ml of blood was obtained. Two ml was dispensed in ethylenediaminetetraacetic acid (EDTA) tube. This blood was used for HbA1c estimation. Serum that obtained was used in determination of other parameters. Serum fetuin A was estimated by quantitative sandwich enzyme immunoassay technique, using the kit from Cusabio, China. FBXW7 was determined by competitive enzyme immunoassay technique using the kit from Biosource, USA. Enzymatic colorimetric method was used for serum glucose determination using the kit supplied by Randox UK. Insulin was determined by ELISA technique, using the kit supplied by Demedtec, Germany. Serum cholesterol and triglyceride were measured using the kit supplied by Spinreact, Spain. While serum HDL was determined by the kit supplied by Randox UK. Results were summarized as mean \pm SD. Statistical analysis program (SPSS 25) have been performed for analysis of the results. Student t-test has been used to identify the significant differences. Dendrogram have been used to identify the similarity between variables.

Results and Discussion

Effect of disease duration on diabetes related parameters: Analysis of baseline characteristics table 1, showed that glucose level, HbA1c and insulin resistance IR significantly affected by the duration of disease, glucose level and IR showed significant increase in group of patient with duration of disease > 1 year, also HbA1c show significant decrease in patient group > 1 year. While BMI, WHtR, AI, and lipid profile showed non-significant difference between patient groups. A relation between FBS and duration of diabetes in this study is in agreement with the results obtained by a previous study which reported that the incidence of severe hyperglycemia increased with age and duration^[21]. Long duration of Diabetes is known to be associated with poor control, possibly due to decrease secretion of insulin over time due to B cell failure, which makes the response to diet alone or oral agents unlikely^[22]. The levels of Fbxw7 significantly increase in newly diagnosed DM as compared to control but the increase was non-significant with prolong the duration of disease as shown in Table 2. This increase may be due to damage tissues caused by diabetes lead to decrease fbxw7 in tissues and increase secretion in blood. While each of pentraxin 3, NO, and fetuin A not influenced by increase duration of disease.

Table 1. Baseline characteristics of studied subjects

Parameters	Control Group I	Newly DM (without therapy) Mean±Sd		P Value
		Group II (<1 year)	Group III (>1 year)	
BMI Kg/m ²	26.7±2.87	30±4.6a	28.7±2.8	a0.041
WHtR	0.52±0.04	0.59 ± 0.058a	0.58±0.037	a0.015
FSG(mg/dl)	89.1±3.82	173.35±75.78a	197.20±28.83b,c	a0.0001 b0.0001 c 0.282
HbA1c%	5.26±0.44	9.34±2.15a	8.42±1.50b,c	a0.0001 b0.0001 c 0.17
Insulin(μU/ml)	13.67±8.11	12.32±4.18	19.24±17.4	>0.05 ns
HOMA-IR	2.98±1.8	5.08±2.42a	9.8±8.67 b,c	a0.04 b0.001 c0.003
TG(mg/dl)	114.15±20.7	160.82±126a	129.4±58.3	a 0.05
TC(mg/dl)	164.7±20.46	179.94±43.8	198.2±58.2	>0.05 ns
LDL-C(mg/dl)	96.4±15.69	110.15±32.9	128.4±53.4	>0.05 ns
HDL-C(mg/dl)	45.4±12.8	37±9.5a	44±8.4	a 0.047
VLDL-C (mg/dl)	22.7±4	32.1±25a	25.8±11.7	a0.047
Atherogenic index	0.4±0.16	0.57±0.24a	0.42±0.29	a0.033

P-value was calculated between groups and presented by the symbols below:

Group I (control) and group II (Newly diagnosed <1 year) represented by symbol (a)

Group III (Newly diagnosed >1 year) represented by symbol(b)

Group II and group III represented by symbol (c).

Table 2. Effect of duration of disease on levels of FBXW7, Fetuin A, pentraxin3 and nitricoxide for newly diagnosed DM group

Parameters	Control Group I	Newly DM (without therapy) Mean±SD		P value
		Group II (<1 year)	Group III (>1 year)	
FBXW7	1.12±0.9	2.56±1.18a	2.65±0.82b	a0.0001 b0.005
FetuinA	178.9±85.63	210±153	283.5±95.6	>0.05 ns
Pentraxin3	574.5±263.9	718.7±184	746.7±85.8	>0.05 ns
Nitricoxide	7.6±2.6	13.3±4.97	18.3±16.7	>0.05 ns

*The mean difference is significant at the 0.05 level.

p-value was calculated between groups and presented by the symbols below:

Group I (control) and group II (Newly diagnosed <1 year) represented by symbol (a)

Group III (Newly diagnosed >1 year) represented by symbol (b)

Group II and group III represented by symbol (c).

Effect of duration of metformin therapy on diabetic-related parameters: Metformin is an antidiabetic medication that decreases peripheral resistance to insulin, increase peripheral uptake of glucose and reduces liver gluconeogenesis^[23,24]. The results in the present study investigated the effects of duration of metformin therapy on fbw7 and other diabetic- related parameters. The result in table 3 revealed that insulin and IR significantly influenced by duration of therapy

and their levels decrease significantly by increase the duration of therapy, while there was non-significant difference in BMI, WHtR, AI, glucose, HbA1c, and lipid profile between groups of patient with treatment < 1 year and >1 year. Such finding are consistent with Delman Najim et al^[25], which revealed metformin as an antidiabetic agent to decrease blood insulin levels and insulin resistance.

Also table 4 showed that the levels of Fbxw7, fetuin A, pentraxin3, and NO not influenced by the duration of therapy and there were non-significant difference in these parameters between patient groups themselves.

Table 3. Effect of duration of metformin in treatment on parameters.

Parameters	Control Group I	DM with metformin Mean±SD		P Value
		Group II (<1 year)	Group III (>1 year)	
BMI Kg/m ²	26.7±2.87	34.3±6.09a	31.2±5.57b	a0.000b0.002
WHtR	0.52±0.04	0.63±0.07a	0.60±0.11b	a0.002b0.001
FSG(mg/dl)	89.1±3.82	136.5±16.8a	134.19±38.6b	a0.011 b0.001
HbA1c%	5.26±0.44	7.65±.85a	7.38±1.19b	a0.0001b0.0001
Insulin(μU/ml)	13.67±8.11	20.01±11a	10.18±5 c	a0.049 c0.002
HOMA-IR	2.98±1.8	6.82±4.13a	3.34±1.8c	a0.005c0.003
TG(mg/dl)	114.15±20.7	139.75±60.4	116.4±52.66	>0.05 ns
TC(mg/dl)	164.7±20.46	174.7±38.2	172.3±40.81	>0.05 ns
LDL-C(mg/dl)	96.4±15.69	103.53±33.5	106.6±39.20	>0.05 ns
HDL-C(mg/dl)	45.46±12.8	43.46±10.9	43.66±14.61	>0.05 ns
VLDL-C (mg/dl)	22.7±4	27.87±11.8	23.25±10.43	>0.05 ns
Atherogenic index	0.4±0.16	0.48±0.27	0.41±0.26	>0.05 ns

*The mean difference is significant at the 0.05 level.

p-value was calculated between groups and presented by the symbols below:

Group I (control) and group II (Newly diagnosed <1 year) represented by symbol (a)

Group III (Newly diagnosed >1 year) represented by symbol (b)

Group II and group III represented by symbol (c).

Table 4. Effect treatment duration (metformin) on levels of FBXW7, Fetuin A, pentraxin3 and nitricoxide for T2DM on metformin monotherapy group.

Parameters	Control Mean±SD	DM with metformin		P Value
		Group II (<1 year)	Group III (>1 year)	
FBXW7	1.12±0.9	0.77±0.61	1.07±1.18	>0.05 ns
FetuinA	178.9±85.6	170.5±65.8	166±97.60	>0.05 ns
Pentraxin3	574.5±263.9	595.3±188	602.7±224.3	>0.05 ns
Nitricoxide	7.6±2.6	10.8±6.49	27.1±32.2b	b0.002

*The mean difference is significant at the 0.05 level.

p-value was calculated between groups and presented by the symbols below:

Group I (control) and group II (Newly diagnosed <1 year) represented by symbol (a)

Group III (Newly diagnosed >1 year) represented by symbol (b)

Group II and group III represented by symbol (c).

Conclusion

Duration of disease and treatment appear effect on some parameters and not effected other parameters Fbxw7, fetuin A, pentraxin3 and nitric oxide are not

affected by the long duration of therapy or by the duration of disease while glucose, HbA1c, and IR are affected by increase duration of disease only. Whereas insulin and IR are affected by both; duration of disease and therapy.

Ethical Clearance: The Research Ethical Committee at scientific research by ethical approval of both MOH and MOHSER in Iraq

Conflict of Interest: None

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